
— TEAR-OFF COMPANION · WEEK 1 ONLY · PAIRS WITH 30-DAY PLAN

Pocket checklist for the first seven days. Does **not** replace the full 30-day plan. Public steps only — no invented openings.

- ☐ ☐ Read trade school vs apprenticeship (calm compare): /guides/trade-school-vs-apprenticeship/
- ☐ ☐ Run path chooser: /apprenticeships/#path-chooser → ☐ earn-while-you-learn ☐ classroom/lab first
- ☐ ☐ Pick 1–2 trades to explore this week: _____ / _____
- ☐ ☐ Open each trade hub’s **week-one** strip on /trades/.../#week-one
- ☐ ☐ Write your constraint: ☐ Need wages soon ☐ Can study first · Geography: _____
- ☐ ☐ Bookmark apprenticeship.gov + one state list on this site (state: _____)
- ☐ ☐ Tell one counselor/friend your Week-1 lane (30 seconds). Who: _____
- ☐ ☐ Calendar reminder for Week 2 research (date): _____

Next: Week-2 tear-off · continue Weeks 2–4 on the full plan · counselor kit step 3 stays “send them home with a double-check.” Independent · not DOL. registeredtradeschools.com/for-counselors/career-changer-week-1/